Korean American Family Services

Changing Lives, Strengthening Families

Since 1983

2013 ANNUAL REPORT

Celebrating 30 Years of Service

Changing Lives, Strengthening Families
Since 1983
We shortened our name from Korean American Family Service Center (KAFSC) to Korean American Family Services (KFAM) and developed a new logo that articulates our vision of happy and healthy Korean American families. We took our name “KFAM” and nestled it between Korean characters ㅅ and ㅡ representing the roof and the foundation of the house. This reflects the biculturalism of our agency as well as our role as a surrogate “home” to Korean immigrant families.

Though our look has changed, our mission and goals remain the same. We will continue to support and strengthen Korean American families and individuals in Greater Los Angeles through high-quality, linguistically and culturally relevant services that serve all generations in our evolving community. And we look forward to continuing our partnerships with you to ensure that the needs of our underserved community members are met.

Please visit us online:

KFAMLA.org
KFAMLA
@KFAMLA

As our agency commemorated the special milestone of our 30th Anniversary in 2013, we also rebranded with a new name and logo to carry us into the next chapter.
Dear Friends,

KFAM is pleased to present our 2013 Annual Report. We celebrated the major milestone of our 30th Anniversary with 360 guests at our Legacy Gala, where we honored the “Pioneers” who built up our agency in those first seminal years.

In 1983, a group of Korean American immigrant women accepted the call for action from Dr. Tae Young Lee—the first female lawyer in Korea and a pioneer for women’s and children’s rights—to create an agency dedicated to supporting and strengthening Korean immigrant families struggling to adapt to their new environment. With one paid staff working out of donated office space at Western Beauty School in Koreatown, clients came with a myriad of personal and family issues, such as counseling, shelter, legal advice, and language support—many of the same needs our clients have today.

Three decades later, we have grown to a budget of $1.2 million with 17 full-time staff that serve more than 7,000 children and adults annually. We chose upon a new brand that would carry us into the next chapter of our agency’s future. We changed our name to Korean American Family Services, or simply, “KFAM”, which underscores our dedication to happy and healthy Korean families. We developed a fresh, new logo that is uniquely tailored to reflect KFAM’s services to the bicultural Korean American family. To take us into the modern digital age, we developed a new website www.KFAML.org and strengthened digital presence and engagement through social media.

After 30 years, KFAM remains committed to our founding vision of being a surrogate “home” for all Korean American families, and the philosophy of never turning someone away for lack of funds or status remains firm. Thank you for continuing this journey with us to strengthen and support Korean American families and individuals in the greater Los Angeles area. With your support, we will continue to build a healthier and stronger Korean American community.

Sincerely,

Alvin Kang
Chair

Connie Chung Joe
Executive Director
Organization is founded as the “Korean Family Counseling and Legal Advice Center” by immigrant women inspired by Dr. Tae Young Lee, Korea’s first female attorney and a pioneering advocate of the rights of women and children. Begins counseling services and a 6-part family law seminar series in collaboration with the Korean American Bar Association.

Korean American Family Service Center
한인가정상담소

1988 Organizes Women’s Conference on Korean immigrant women’s issues and a Couple’s Conference. Fifth Annual Dinner is held for 200 community leaders and supporters.

1994 Organization changes its name to “Korean American Family Service Center” (KAFSC); launches Child Abuse/Neglect Prevention, Intervention and Treatment (CAPIT) Program under LA County Department of Child and Family Services; initiates the Korean Earthquake Self-Sufficiency Services with community partners in response to Northridge quakes; begins para-professional volunteer training program.

1983 Launches the Small Business Training Program to help female LA riot victims. Workshops on marital relationships, coping with immigration stress, and gambling addiction continue to grow.

1995 South Korean President Kim Young Sam awards organization with “Most Outstanding Agency Award”; receives first major foundation grant from Ralph M. Parsons Foundation.
CELEBRATING 30 YEARS OF SERVICE

**1999** Forms coalition with Legal Aid Foundation of Los Angeles to improve services for Korean immigrant victims of domestic violence.

**2003** Celebrates its 20 years of service with its 20th Annual Fundraising Dinner.

**2008** Launches “Healthy Youth Program” to promote healthy emotional development for teens and begins school-based mental health services at LAUSD schools; begins Food Stamps Enrollment Assistance; holds 25th Anniversary Fundraising Concert.

**2010** Organizes “Koreans and Mental Health,” community’s first-ever mental health conference for 180 mental health professionals, community and faith leaders, and Korean American consumers; begins a public awareness campaign on children exposed to family violence, with funding from US Department of Justice Office of Victims of Crime grant.

**2011** Holds the “Healthy Families: A Pastoral Approach” conference for 210 Korean faith and lay leaders on domestic violence intervention, co-sponsored by Fuller Theological Seminary; opens the Benjamin Hong Center for Women and Children as a safe and secure space for at-risk families; launches the Engaging Korean Men to End Domestic Violence project under US Department of Justice, Office on Violence Against Women; awarded our first mental health contract from the LA County Department of Mental Health.

**2012** Creates Korean Domestic Violence Response Network with a grant from the Blue Shield Foundation of California; airs “Home Sweet Home: Living Without Violence,” a 5-part television series in collaboration with CGN-TV; produces Mandevilla, award-winning short film on domestic violence, as part of the Engaging Korean Men project; holds first Korean Men’s Conference; hosts the Korean Depression Screening Day (Screen Your Mind for a Happy Life); Board approves a 5-year strategic plan.

**2013** Organization changes its name to “Korean American Family Services” (KFAM) and embraces a new logo to reflect our bicultural identity and growing range of services to promote family safety and wellness.

KFAM celebrates 30 years with its 30th Legacy Gala. To mark this milestone, KFAM hosts the Pioneer Luncheon to honor the pioneers from the founding and early seminal years.
A LEGACY OF COMPASSION, STRENGTH, AND SERVICE

IN THE BEGINNING...
Boon Ja Yoo
Founding Member, 1st Board Chair (1984-1985)

"Dr. Tae Young Lee was the first female attorney in Korea and a human rights activist.

Dr. Lee spoke strongly on the importance of families in society. Families must survive for a nation to thrive.

In Korea, a woman with problems in the home would turn to her mother or her social network for support or help. But a woman living abroad had no place to turn to when faced with family strife and conflict. She couldn’t seek refuge or comfort. And she couldn’t go back home.

Dr. Lee felt deeply that the Korean immigrant community needed a family counseling agency and rallied for community support.

Her vision resonated profoundly with immigrant women leaders in LA who answered her call to action. An organizing committee was formed, which I chaired, and we mobilized other women and community leaders to create this agency.

On July 16, 1983, with 150 attending, KFAM convened its inaugural meeting under the name of Korean Family Counseling and Legal Advice Center."

A SAFE, HEALING SPACE FOR KOREAN IMMIGRANTS
Sun Young Kim
Former Executive Director (1991-1993)

"KFAM served as a surrogate home for immigrant clients.

KFAM was also a doctor and healer on mental health issues. KFAM’s counseling services touched on a wide range of needs and problems facing Korean immigrants. We made referrals to specialized services for serious mental illness and connected those with legal problems to pro bono Korean attorneys and legal aid.

Our counseling services went beyond problem-solving. We got to know our clients intimately, including their life circumstances, abilities, and aspirations. They were encouraged and empowered to pursue their dreams and goals.

We helped many immigrants further their education and achieve greater success than they thought possible. One became a doctor of oriental medicine, others achieved success as entrepreneurs. Some went on to lead community agencies or become professors.

KFAM must remain a home away from home to offer help and comfort for immigrant women. For Korean immigrant men, coming here should be like turning to their extended families. We need to welcome them and make them feel safe."
**OUR GRASSROOTS BEGINNING, WOMEN ORGANIZING**

Rev. Tong Ho Kim  
*Former Board Vice-Chair (1987-1991)*

"A week before Dr. Tae Young Lee convened the inaugural meeting with founding members, she gave a sermon at the Korean Robertson Methodist Church which I attended. From the pulpit, Dr. Lee made an impassioned case for starting an agency dedicated to Korean immigrant families.

Moved by her sermon, I visited the newly formed Korean Family Counseling and Legal Advice Center. I met Ms. Boon Ja Yoo and other founding members who had set up the organization with Dr. Lee’s assistance.

Churches formed the core support for this fledging agency in its early years.

We also kicked off a multi-leveled membership drive, from $1 monthly membership, up to $500 Lifetime membership.

It was a truly grassroots, community-based effort that reached out to everyone and anyone who understood the absolute necessity of this agency for the Korean immigrant community. The founding members pooled their humble resources and organized volunteers to begin operations."

**LOOKING FORWARD...**

Boon Ja Yoo

"I look ahead to KFAM’s continuing history after I’m gone.

With the first generation immigrants passing on their sense of purpose and fulfillment to the 1.5 generation, and 1.5 generation providing continuous transfusion to the 2nd generation, the synergy and the collaborative spirit will drive KFAM to become a beacon and a model agency for the Korean immigrant community.

Dr. Lee and many of KFAM’s founders and pioneers have passed on since the formative years. As they look down from above, I feel in my heart that they are telling us, Well done, you have labored hard, and thank you.

And my own heart is filled with joy and gratitude."

**HONOR THE LEGACY, CONTINUE THE JOURNEY**
2013 BOARD & STAFF

BOARD MEMBERS

Young Min Kim, Co-Chair
Pan Com International

Annie Cho, Esq., Co-Chair
Universal Music Group

Teri Lim, Esq., Vice-Chair
Law Offices of M. Teri Lim & Associates

Chris Kyungsoo Kim, CPA, Secretary
Chris S. Kim, CPA

Julie Yu, Treasurer
Lim Ruger & Kim LLP

Alvin D. Kang
KLK Partners LLC

Janny H. Kim
Southern California Edison

Patrick T. Kim
Koamex

Ailee Moon, Ph.D
UCLA School of Public Policy

Jina Park
PLUSH, LLC

Julie Whang, DDS
WPD Dental

Michael Yi, MBA
Newport Valuations

STAFF

Connie Chung Joe, Executive Director

Alice K.C. Lee, Deputy Director

Ahlim Kim, Outreach Coordinator

Bryan Kim, Finance & IT Analyst

Charles Ryu, Executive & Community Outreach Assistant

Gina Chun, Child Care Food Program Home Representative

Hae Young Park, Clinical Counselor

Hyunmi An, Clinical Counselor

Jane Kim, Counseling Trainee

Jennifer Oh, Domestic Violence Program Manager

Ji Young Lee, Child Care Food Program Center Representative

Kate Chun, Support Specialist

Lauren Kwon, Clinical Counselor

Min Kyung So, Counseling Trainee

Ming Teo, MSW Intern

Misook Nierodzik, Clinical Counseling Director

Na Young Ko, Child Care Food Program Center Manager

Paul Yoon, Clinical Counselor

Samuel Surh, Engaging Men Project Manager

Teresa Elizondo, Child Care Food Program Home Manager

Wendy Huynh, Child Care Food Program Home Representative

VOLUNTEERS

Helaine Thau, Ph.D, Psychologist

Young K. Susan Chung, MD, Psychiatrist and Clinical Supervisor

Young Whan Ahn, Domestic Violence Batterer’s Group Facilitator

Kum Yei Kim, Consumer Mediation Talkline

Yung Choi, Consumer Mediation Talkline, Yoga Instructor

Sookyung Kang, Open Spaces Writing Group Instructor

Eric Youngmin Yan, Acupuncturist

Carolyn Kim

Charles Kim

Connie Kim

Esther Kim

John Son

Justin Roh

Kayla Kim

Moon Hyo Kim

Nicole Lim
KFAM’s mission is to support and strengthen Korean American families and individuals in the Greater Los Angeles area through counseling, education, and social services.

KFAM was founded in 1983 by immigrant Korean women inspired by the vision of Dr. Tae Young Lee, Korea’s first female attorney, an early advocate of the rights of women, and the founder of the Legal Aid Center for Family Relations in Korea. Under the slogan “standing alongside our distressed neighbors,” KFAM opened its doors in 1983 to offer hope and help for immigrant families devastated by economic hardships, immigration stress, and family strife.

30 years later, the original mission and vision live on through KFAM’s broad range of family intervention, mental health, and social services that provide an important safety net for families and community members. Our dedicated, skilled team of bilingual staff and volunteers serve over 7,000 adults and children each year, with quality, culturally-relevant services and compassionate care that speak directly to the challenges among Korean American families undergoing trauma or adaptation and acculturation stresses. Our services truly provide a vital safety net for resource-poor families without access to care.

**CORE PRIORITIES**

1. Promote wellness and resilience of Korean American adults and children
2. Foster safe, healthy families free from violence and abuse
3. Extend safety net support for families without access to care
4. Build a healthy, thriving community in collaboration with community partners

*Changing Lives, Strengthening Families*

*Since 1983*
COUNSELING AND MENTAL HEALTH

KFAM’s services are tailored to the unique needs of Korean American families, adults and children. Our professional counseling staff provides individual, family and group counseling and education to promote recovery, resilience and positive change in the lives of our clients and community members. Our services are open to everyone regardless of ability to pay.

Clinical Counseling

- Children, Adolescents, and Adults
- Couples and Families
- Psychiatric Medication Support
- Psychological Testing
- Integrated Services (for co-occurring mental health, physical health, and substance abuse issues)

Group Services

- Anger Management
- Batterer’s Intervention Program
- Parenting Class
- Alcohols Anonymous

Mental Wellness Seminar Series


Triple P Positive Parenting Program

Evidence-based interventions on stress management, parenting skills, and mental and behavioral health, Triple P trained 924 Korean parents through individual and group sessions in 2013.

FAMILY VIOLENCE

In KFAM’s Center for Women and Children, we provide trauma-informed care and support for domestic violence victims and families. Our continuum of care, from crisis intervention, case management, to survivor support, help them achieve safety, healing and empowerment towards healthy, violence-free lives. We started Life Beyond in July 2013, LA County’s only Korean-language survivor support group. We also organized the Korean Domestic Violence Network with shelters to coordinate and improve services for Korean victims of domestic violence.

Programs include:

- Domestic Violence Counseling
- Case Management and Advocacy Services
- Life Beyond Weekly Survivor Support Group
- Mental Health Services
- Supervised Visitation Program
- 52-week Batterer’s Intervention Program
- Child Abuse Prevention, Intervention, and Treatment
- 24-Hour Crisis Line: (888) 979-3800
OUTREACH AND EDUCATION

KFAM provides outreach and education to strengthen families and promote community wellness. We also conduct public awareness campaigns to raise awareness on mental health and family violence issues in the Korean community.

Readiness for School

R4S is a 16 year-old program that prepares Korean immigrant parents and their pre-kindergarten children for the transition into the American education system. R4S provided 3-part parenting series as well as children's workshops and safety seminars to help our children grow healthy and achieve key developmental milestones.

College Readiness: Beyond Academics

Concurrent workshops for parents and high school students helped them prepare for the social and emotional challenges during this crucial milestone. Parents discussed how to support their children, the process of letting go and empty nest syndrome, while teens engaged with college students and grads to discuss the challenges of college life.

Youth Mentorship & Health Education Program (MHEP)

A joint program with Community Medicine in Koreatown at UCLA, MHEP began in October 2013 to provide tutoring and one-on-one mentoring for at-risk Korean immigrant teens. The program is run by Korean American UCLA students.

Engaging Korean Men to End Domestic Violence

Funded by the US Department of Justice, Office on Violence Against Women, this innovative prevention project reached out to immigrant men with messages of anti-violence and healthy gender relationships. Accomplishments include: 12-part "Home Sweet Home: Living Without Violence" series on CGNTV; Healthy Manhood series on Radio Korea; Korean Men's Conference; and a multimedia campaign and discussion groups centered around “Mandevilla,” our award-winning short film on domestic violence, with over 47,000 views on YouTube.

Church & Community Conference on Domestic Violence

KFAM held a domestic violence conference for Korean faith leaders in collaboration with 3 other Korean DV Network agencies. 116 clergy members and domestic violence advocates participated in this event focused on first responder training and partnership-building on effective intervention and prevention in the Korean American community.

CHILD CARE FOOD PROGRAM

Working with the US Department of Agriculture and the California Department of Education, KFAM subsidizes nutritious meals at licensed day care centers and home providers in Los Angeles and Orange Counties. To ensure the health and wellness of over 5,000 children served daily, KFAM provides participating sites with monitoring and training on nutrition, safety, and child development.

SOCIAL SERVICES

Consumer Mediation Talk Line  24
Yoga for Seniors            41
Community Acupuncture      26
Family Law Clinic          46
Information and Referral   2,042

5,369 children served
394 daycare sites
12,454 meals & snacks served daily

2013 Program Highlights

- 5,369 children served
- 394 daycare sites
- 12,454 meals & snacks served daily
### Individual Clients: Presenting Problems

**Adult**
- Mental Health: 18%
- Domestic Violence (DV): 20%
- Spousal or Partner Conflict: 37%
- Conflict with Other Family: 17%
- Acculturation Issues: 2%
- Other: 4%

**Child**
- Mental Health: 17%
- Family Violence: 10%
- School/Peer Problems: 43%
- Conflict with Family: 20%
- Acculturation Issues: 8%
- Other: 1%

### Individual Clients: Mental Health Issues

- Mood Disorder: Depressive: 37%
- Mood Disorder: Bipolar: 16%
- Anxiety Disorder: 6%
- ADHD: 5%
- PTSD: 4%
- Substance Abuse: 3%
- Other: 4%

### Family Violence Issues

- DV Victims: 70%
- Child Abuse Victim: 10%
- DV Exposed Child: 12%
- DV Batterer: 6%
- Child Abuse Perpetrator: 2%

### Breakdown of Counseling Services Provided

- **Counseling Clients**
  - 270
  - 202 Adults
  - 68 Children

- **Individual Counseling Sessions**
  - 1,952
  - 80% Primarily Korean-Speaking
  - 98% Korean Ethnicity

- **Group Clients**
  - 1,080

- **Group Sessions**
  - 711

- **Community Workshops**
  - 8

- **Participants**
  - 529

**Total Served**
- 1,879
**Revenue**

<table>
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<tr>
<th>Description</th>
<th>Amount</th>
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</thead>
<tbody>
<tr>
<td>Government Contracts and Grants</td>
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<tr>
<td>Foundations and Corporations</td>
<td>264,926</td>
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<tr>
<td>Fundraising Events</td>
<td>113,838</td>
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<tr>
<td>Other Individual Contributions</td>
<td>11,013</td>
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<tr>
<td>Fees for Service</td>
<td>30,810</td>
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<td>Interest Income</td>
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<tr>
<td><strong>Total Revenue</strong></td>
<td><strong>1,295,948</strong></td>
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*Excluding $4,216,952 in Child Care Food Program disbursements

**Expenses**

<table>
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<th>Description</th>
<th>Amount</th>
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<td>Programs and Services</td>
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<td>General and Administrative</td>
<td>106,899</td>
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<td>Fundraising</td>
<td>45,183</td>
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<td><strong>Total Expenses</strong></td>
<td><strong>1,256,763</strong></td>
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</tbody>
</table>

| Change in Net Assets               | 39,185  |

88 cents of every dollar we raise goes directly to services.

**Programs & Services Expenses**

- Child Care Food Program: 50%
- Mental Health: 35%
- Family Violence: 15%
SPECIAL THANKS TO OUR FUNDERS & DONORS FOR THEIR GENEROUS SUPPORT IN 2013

GOVERNMENT
California Department of Education
Los Angeles County Department of Children and Family Services
Los Angeles County Department of Mental Health
Los Angeles County Department of Public Social Services
US Department of Agriculture
US Department of Justice Office on Violence Against Women

FOUNDATIONS AND CORPORATE DONORS
Angeles Dream Foundation
Asian Pacific Community Fund
Asian Pacific Community Giving Circle
Blue Shield of California Foundation
California Foundation for Stronger Communities
California Hospital Medical Center Foundation – Dignity Health
Cedars-Sinai Medical Center
Community Health Charities of CA
HSBC Bank
Kaiser Permanente Los Angeles Medical Center
Kaiser Permanente West Los Angeles Medical Center
Legal Aid Foundation of Los Angeles
Overseas Koreans Foundation
Open Stewardship Foundation
The Ralph M. Parsons Foundation
Southern California Edison
TJX Foundation
Wells Fargo Community Support Program

INDIVIDUALS
$500 and above
Ailee Moon
Alvin Kang
Annie H. Cho
Bryan Kim
Chris Kyungsoo Kim
Club Mart, Inc.
Eugene Chang
Eun Sook Lee
Gina Chun
Holmes & Yang
Inkook Chung, MD
Jeremy Joe and Connie Chung Joe
Jina Park

Julie Whang
Julie H. Yu
Kate Chun
Kun S. Kim
Kyung Soo Kim
Mariko Kahn
Michael Yi
Misook Nierodzik
Patrick T. Kim
Teri M. Lim
Wendy Hyunh
Young Min Kim

DINNER SPONSORS

Title Sponsor ($15,000 and up)
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Leadership Sponsors ($10,000 and up)
Koret Foundation
GiftKorea

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